



## CREVASSE RESCUE CLINIC EQUIPMENT LIST

### TECHNICAL EQUIPMENT:

- **Mountaineering Boots:** 3 Season or 4 season boots acceptable
- **Climbing Harness:** Lightweight Glacier Harness is acceptable
- **Climbing Helmet**
- **Mountaineering Ice Axe with Hammer**
- **Crampons**
- **Anchor Material** (Dyneema, Cordelette, Nylon)
- **Prusik Material** (5mm or 6mm cord of varying lengths)
- **Carabiners** (4 locking and 3 non-locking)
- **Snow Pickets\***
- **Additional Glacier Travel Gear - MircoTraxion and Tibloc** (recommended but not required)
- **Belay Device**

*\*MAG will supply a few pickets, but you should bring the pickets you would use in the field*

### CLOTHING LIST: *This list is entirely weather dependent.*

- **Softshell Pants:** lightly insulated, trim fit, baggy pants may get damaged by crampons
- **Lightweight Baselayer:** Sunhoody or lightweight skin layer
- **Light Insulating Layer:** Fleece or similar breathable material
- **Insulated Jacket:** down or synthetic
- **Waterproof Jacket with Hood:** Gore-Tex
- **Waterproof Pants:** With full length zippers. Highly recommended while working in snow
- **Socks:** mid-weight
- **Hat:** Ball cap for sun protection or lightweight skull cap to wear under helmet
- **Gloves:** Lightweight and midweight gloves

*\*If your body runs cold you may want to add another layer*

### OTHER:

- **Daypack:** 30-45L with ability to carry Ice Axes
- **Sunscreen, Sunglasses**
- **Suitable Food and Water for the day**
  - We will have a midday lunch break. Bring additional snacks as needed
- **Camera:** optional.
- **Ski Pole(s):** for approaches (optional)
- **Guide Gratuity:** as part of the service industry, guide gratuity is appreciated but not required