



## CROSS COUNTRY SKI/SNOWSHOE EQUIPMENT LIST

### TECHNICAL EQUIPMENT:

The following equipment is mandatory for a day of cross country skiing or snowshoeing. You are expected to provide your own equipment and/or rent gear in advance for your outing. Rental prices apply.

- **Cross Country Skis or Snowshoes:** Ski setups should include ski poles and cross country ski boots. Snowshoe setups should include snowshoes and poles. The following locations rent cross country ski/snowshoe setups for \$15-\$20/day
  - Big Sky: [Grizzly Outfitters](#) - 406-551-9470
  - Bozeman: [Chalet Sports](#) - 406-587-4595

*NOTE: It is your responsibility to ensure that you have the proper gear from this list and/or RESERVE YOUR GEAR in advance for your trip. We will not be able to provide refunds if you fail to provide, reserve, and rent your gear in advance.*

### CLOTHING LIST:

- **Long Underwear:** mid-weight (top & bottom), synthetic or wool
- **Soft or Hard-shell Pants**
- **Fleece or Sweater:** medium or lightweight
- **Fleece (heavyweight):** have as backup in case your trip is during a cold snap
- **Insulated Jacket:** down or synthetic
- **Waterproof Jacket with Hood:** Gore-Tex
- **Ski Socks**
- **Hat:** fleece or wool hat that covers ears
- **Gloves:** one medium weight and one thick pair/mittens
- **Neck Gaiter/Buff or Scarf**

*\*If your body runs cold you may want to add another layer*

### OTHER:

- **Daypack:** 20-30L
- **Sunscreen, Sunglasses**
- **Thermos:** optional but wonderful to have
- **1-liter water bottle** with insulated sleeve (full!) - Camelbaks are not recommended due to their tendency to freeze
- **Food/Snacks:** Sandwich, dried fruits, nuts, energy bars, etc.
- **Camera:** optional
- **Hand warmers:** optional
- **Guide Gratuity:** as part of the service industry, guide gratuity is appreciated but not required

**Guides Tip:** Leave some food and water in the car for your return.