CROSS COUNTRY SKI/SNOWSHOE EQUIPMENT LIST

TECHNICAL EQUIPMENT:
The following equipment is mandatory for a day of cross country skiing or snowshoeing. You are expected to provide your own equipment and/or rent gear in advance for your outing. Rental prices apply.

- **Cross Country Skis or Snowshoes**: Ski setups should include ski poles and cross country ski boots. Snowshoe setups should include snowshoes and poles. The following locations rent cross country ski/snowshoe setups for $15-$20/day
  - Big Sky: Grizzly Outfitters - 406-551-9470
  - Bozeman: Chalet Sports - 406-587-4595

*NOTE: It is your responsibility to ensure that you have the proper gear from this list and/or RESERVE YOUR GEAR in advance for your trip. We will not be able to provide refunds if you fail to provide, reserve, and rent your gear in advance.*

CLOTHING LIST:
- **Long Underwear**: mid-weight (top & bottom), synthetic or wool
- **Soft or Hard-shell Pants**
- **Fleece or Sweater**: medium or lightweight
- **Fleece (heavyweight)**: have as backup in case your trip is during a cold snap
- **Insulated Jacket**: down or synthetic
- **Waterproof Jacket with Hood**: Gore-Tex
- **Ski Socks**
- **Hat**: fleece or wool hat that covers ears
- **Gloves**: one medium weight and one thick pair/mittens
- **Neck Gaiter/Buff or Scarf**

*If your body runs cold you may want to add another layer*

OTHER:
- **Daypack**: 20-30L
- **Sunscreen, Sunglasses**
- **Thermos**: optional but wonderful to have
- **1-liter water bottle** with insulated sleeve (full!) - Camelbaks are not recommend due to their tendency to freeze
- **Food/Snacks**: Sandwich, dried fruits, nuts, energy bars, etc.
- **Camera**: optional
- **Hand warmers**: optional
- **Guide Gratuity**: as part of the service industry, guide gratuity is appreciated but not required

**Guides Tip**: Leave some food and water in the car for your return.