ICE CLIMBING EQUIPMENT LIST

TECHNICAL EQUIPMENT:
- Boots: single insulated ice climbing boot with crampon compatibility*
- Climbing Harness*
- Climbing Helmet*
- Ice Tools (2)*
- Crampons: step-in with vertical front points must fit your boots*
- Belay Device and locking carabiner*

*Technical equipment is included in pricing and provided by MAG if coordinated in advance

CLOTHING LIST: The standard outfit used to go skiing can be used for ice climbing. The major differences are underlined below.
- Long Underwear: mid-weight (top & bottom), synthetic or wool
- Soft or Hard-shell Pants: lightly insulated, trim fit, baggy pants may get damaged by crampons
- Fleece or Sweater: medium or lightweight
- Fleece (heavyweight): have as backup in case your trip is during a cold snap
- Insulated Jacket: down or synthetic
- Waterproof Jacket with Hood: Gore-Tex
- Waterproof Pants: optional
- Socks: mid-weight
- Hat: fleece or wool hat that covers ears & fits under a helmet
- Gloves: one thin pair (medium weight) and one thick pair
- Gaiters: optional
- Neck Gaiter/Buff or Scarf

*If your body runs cold you may want to add another layer

OTHER:
- Daypack: 40-55L with ice tool carrying capabilities
- Sunscreen, Sunglasses
- Thermos: optional but wonderful to have
- 1-liter water bottle with insulated sleeve (full!)  
  Hint: keep some food in your pockets so it doesn’t freeze.
- Food for the day: energy bars, GU packs, or Hammer Gels
- Camera: optional. We have GoPro helmet cam mounts
- Ski Pole(s): for approaches (optional)
- Guide Gratuity: as part of the service industry, guide gratuity is appreciated but not required

MULTI-PITCH CLIMBS ONLY:
- Headlamp
- Super-light 10-20-liter pack to bring on route for belay coat, H2O, and food
  Alternatively, have a method to clip the above items to harness
- Optional second base layer top to change into after long sweaty approaches
- Plastic ice-screw holders that are pre-mounted to your harness

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